

Hawai'i Pain Center

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Opioid Treatment Agreement

Opioids are controlled substances that are tightly regulated by state and federal agencies. The misuse, abuse, theft, diversion, and overdoses from opioids are widespread. This agreement outlines the rules in which opioids are prescribed by providers at Hawaii Pain Center.

The patient agrees to the following:

- To take medications as prescribed and not self-escalate (increase) usage.
- To stop all opioids prescribed by other providers.
- If applicable, to stop all illegal substance use including, but not limited to, cocaine, methamphetamine, heroin, etc.
- To submit to random urine drug testing and pill counts upon request.
- To properly store and secure opioids.
- To not share or sell opioids.
- To keep all physician appointments.
- To inform the prescribing doctor of any foreseeable changes that may lead to medication changes, such as elective surgery and dental procedures.
- If clinically indicated, to participate in all adjuvant treatments including, but not limited to, physical therapy, psychological therapy, non-opioid based medications, procedures, and/or surgery.
- To undergo diagnostic testing when deemed medically necessary.

The patient understands that:

- If adverse effects occur or pain sensitivity increases, opioids may be rotated (switched) or discontinued.
- The sedating effects of alcohol and other sedatives (sleep aids and medications to treat anxiety) are additive and must be avoided while receiving opioid therapy.
- In the event of suspected opioid diversion, the patient understands that his or her protected medical record may be subpoenaed and released to legal authorities.
- Schedule 2 opioids require monthly evaluations.
- Lost, damaged, or stolen medications will NOT be replaced and may result in termination of care.
- Usage of opioids while driving may result in a DUI citation under Hawaii State Law.
- You should not sign legal documents, drive a car, operate machinery, or engage in any activity that may be dangerous to yourself or someone else while your dose is being adjusted or if the medication makes you drowsy. An accident while using opioids may result in negligence.
- Opioids should be tapered under medical supervision. An abrupt cessation may cause severe illness or death.
- Women of childbearing age should maintain safe and effective birth control while on opioid therapy. Discontinuing opioid medication while pregnant may result in a miscarriage.
- Any deviation from the treatment agreement may result in discontinuation of care.
- Aberrant prescription behavior and/or inconsistent toxicology reports will be disclosed to your referring provider.
- The only exclusion of sole opioid prescribing by this clinic is for acute care in an emergency/inpatient setting.

PATIENT: I understand and accept the above treatment agreement. My concerns and questions have been answered.

Patient

Signature

Date

Witness

Signature

Date